

The Flagstone

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Denman's Village Voice

Arts Denman *Denman Island Readers & Writers Festival*



ANNUAL AUTHOR INVASION *submitted by Stewart Goodings*

Denman Island is accustomed to this invasion, a friendly one, to be sure. For the 14th year, local organizers have planned a literary treat July 14-17 for readers and writers. As usual, a diverse and dynamic group of writers will spend three days 'downtown', at the Activity Centre and Community Hall. Solo readings, group panels, workshops, informal lunches and coffee breaks always make for a relaxing and stimulating weekend for Denmanites, visitors from Vancouver Island, as well as some from the Lower Mainland and farther afield.

What are the attractions this year? Here are six great reasons to spend time at the Readers and Writers Festival July 14-17:

1. First, the authors. We have fiction writers, non-fiction authors, and poets. Our two poets hail from Vancouver, Barbara Adler and Cecily Nicholson, both with powerful messages and performing skills. Our non-fiction group includes the internationally renowned musician Bruce Cockburn, whose songs and advocacy have been features of

Canadian public life for over 40 years. His thoughtful memoir, "Rumours of Glory" will intrigue readers and listeners. J.B. MacKinnon, who came to the Denman Festival a few years ago, with his "100 Mile Diet", returns with "The Once and Future World" about the need to preserve and experience the wild and natural wonders of the environment. Charles Demers will be well known to CBC listeners, and his new book, "The Horrors: An A to Z of Funny Thoughts on Awful Things" is sure to amuse and challenge our audiences. Rounding out the non-fiction group will be Bev Sellars, lawyer, activist and former Chief of the Xat' sull First Nation near Williams Lake, and whose memoir, "They Called Me Number One" is a searing narrative about the power of survival from being in residential schools.

There are three outstanding novelists this year: Miriam Toews, whose most recent book, "All My Puny Sorrows" has been hailed by readers and critics alike as a

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The Flagstone

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Donations Welcome

**Deadline for August's
Flagstone
is Friday July 22nd**



Authors' Invasion from Page 1

truly memorable contemplation on family, love and suicide; John Vaillant, another returning favourite, will read from “The Jaguar’s Children”, a harrowing story of Mexican migrants abandoned by their “coyotes” in an enclosed water tank; and Michael Christie, a highly regarded new talent from Galiano Island, whose book “If I Fall, If I Die” focuses on the emergence into the real world of a boy previously brought up “inside” by an agoraphobic mother.

2. Workshops: Four workshops are being offered this year. They run three hours and give attendees a chance to learn from one of our invited authors. Jo-Anne McLean will lead a workshop on the ins and outs of self-publishing; Barbara Adler will coach participants to create an audio memoir based on a text they will write at the workshop; Charles Demers will offer a comedy course for writers in any genre; and J.B. MacKinnon will assist people with tips on writing essays.

3. Main Stage events: There are four Main Stage events this year: two will be “Conversations”, led in his inimitable style by our own Des Kennedy. On the Friday night, he will engage Bruce Cockburn in an exploration of this Canadian music icon’s remarkable life, while at the closing session on the Sunday, Des will talk with renowned novelist Miriam Toews about the magic of her literary creations. The other two Main Stage sessions will feature groups of three authors—Michael Christie, J.B. MacKinnon, and Cecily Nicholson—moderated by Jennifer Lee on the topic of “Finding the Understory” on the Friday afternoon, and Charles Demers, Bev Sellars, and John Vaillant, moderated by Stewart Goodings on the theme of “Past Tense, Future Perfect” on the Saturday evening.

4. Denman writers: Our Festival is one of the only Canadian literary events where local writers are given a chance to read their work. There will be two sessions with local authors—Roberta DeDoming, Sheila Simpson-Brown, Hillel Wright, Stephanie Slater, Annie Siegel, Graham Hayman, Lucy Dabbs, Claire King, Arielle Fraser, Philippa Joly, and Wendy Burton—who will each have ten minutes to read a story, a memoir, poems, or an essay. These sessions are sure to be lively, and Denmanites may be surprised at the humour, style and depth of local writing. For the last two years, local writers have been meeting once a month—under the facilitation of Jo-Anne McLean, author of the Gift Legacy series of contemporary fantasy thrillers—and the diversity and sprightliness of the local writers suggests these sessions at the Festival will be a treat for everyone.

5. The food: For the second year in a row, Evan Penner, of Cafe Empourium fame, will be lead caterer for the lunches and dinners, served with panache and

efficiency in the Back Hall. The tastiness of the meals is only matched by the company, as this is where the invited authors also eat, so the chance of sitting with Bruce, or Miriam, or Michael, or Cecily will add to the enjoyment of the noon and early evening meal experiences. **Please note that the cut-off date for ordering meals is noon on July 9th.**

6. Buying books: This is a chance to buy the books written by people you’ve heard, and met. Abraxas, one of the Festival’s most loyal sponsors, will be selling the authors’ books both in the Activity Centre and in the Community Hall. What an opportunity to nab autographed books for birthday and Christmas gifts for family members unlucky enough not to attend this year’s Festival.

Crowd alert!! It’s possible we may experience larger than capacity crowds at some events this year. **Please be advised that solo reading tickets and 3 day passes are generic and do not guarantee entry to a particular event.** Entry will be on a first come, first served basis. We will try to accommodate pass holders first, and if we see that a capacity crowd is likely at an event, we will hold off selling tickets at the door until we know there is sufficient room. **We recommend that people with tickets or passes come at least 15 minutes early to avoid disappointment.**

Further details about the authors and the program can be found at the Festival website:

www.denmanislandwritersfestival.com Register now for the events you prefer!

Mark Your Calendars: Denman Island Arts Studio Tour Aug 6-7

It is easy to see why the Denman Island Studio Tour is a perennial favourite. It’s a great opportunity for curious art-lovers to get up-close with talented local artists, as they reveal their new work, share their stories, inspirations, and processes. From paintings and sculpture, to photography and fabric arts, there is so much to discover in the 14 participating venues this year.

So, while your summer schedule may be filling up with visiting friends and relatives, be sure to mark your calendar (you can always bring them along). One more reason not to miss this event: this year, island residents who enjoy the tour will receive an entry into a raffle for a basket filled with creations contributed by participating island artists. Save the date!

Marine Shipping, Orcas, and Us

Want to know how the Salish Sea is doing? Just look to the orcas.

This was a key message at an Islands Trust-sponsored panel on marine shipping issues held June 15 on North Pender Island.

“The Southern Resident Killer Whales are the sentinels for the ecological health of the Salish Sea,” said Misty MacDuffee of the Raincoast Conservation Society. Despite more than 15 years of protection under endangered species law, these whales are not recovering, she said, due in part to marine traffic in the Salish Sea, which extends from Olympia, Washington, through the San Juan and Gulf Islands to Desolation Sound, 150 miles north of Vancouver, BC.

Shipping in the Salish Sea is poised to increase by 43% in coming years, according to the US group Friends of the San Juans. Each additional vessel increases the threat of oil spills and accidents. The impact on orcas could be devastating, says MacDuffee. She cited a recent Orca Population Viability Analysis that measured three key factors for orca survival: Chinook Salmon availability, pollutants, and acoustic disturbance. The results showed that the whales can’t sustain further stressors.

“Further reductions in their food supply or increases in vessel noise will put these whales on a trajectory towards extinction,” said MacDuffee. “But importantly, the reverse is true: increases in salmon and reductions in noise can put the whales on a trajectory toward recovery.”

It is not just orcas that are at stake. The Salish Sea is one of the world’s largest and biologically richest inland seas. Its remarkably diverse geography -- a mix of soft river deltas, rocky reefs, shallow bays, deep fjords, and open water straits -- creates an equally remarkable mix of habitat. The Salish Sea is home to 37 mammal, 172 bird, nearly 300 fish and more than 3000 macroinvertebrate species. 113 of these have been identified as threatened, endangered, or of concern.

The Salish Sea is also a marine shipping hot spot – geographically placed at what Port of Vancouver representative Chris Wellstood called the Asia Pacific gateway. Wellstood, along with speakers from Transport Canada, the BC Chamber of Shipping, the Port of Nanaimo

and the Coast Guard, shared information about the shipping industry. Here are some key points:

- The Port of Vancouver handles 140 million tonnes of cargo annually;
- Its vision is to be the world’s most sustainable port;
- In 2016, 3200 vessels called at the Port of Vancouver; this is projected to rise by 1000 over the next ten years. This means that in 2016, an average of nine vessels come in daily; in 2026 that will increase to 12;
- Shipping in Canada is governed by the Canada Shipping Act and is also subject to over 50 International conventions such as Safety of Life at Sea and the Prevention of Pollution from Ships (MARPOL);
- The public right to navigation is a basic common-law right. Ships may sail and anchor anywhere unless there are specific federal laws limiting that access due to safety concerns;
- Shipping is an essential component of the Canadian economy, getting goods into our country, and taking Canadian goods to market.

The discussion ultimately pointed at one of the biggest questions facing humans today – how to balance our economies with the imperative to preserve the earth.

“The federal government is committed to environmental protection,” said Transport Canada Regional Director Robert Dick. “And at the same time it is committed to growing the economy, increasing the middle class, and creating jobs...This will go along with increased shipping.”

The Islands Trust has no jurisdiction over shipping, but we do have the power to speak up – to advocate for the Salish Sea that is our home, as well as home to orcas and so many other beings. Soon after the marine shipping panel, the Islands Trust Council passed a resolution calling for a moratorium on establishing anchorages in the Trust area until more thorough analysis has been done. Depending on how optimistic or pessimistic you’re feeling (and how tolerant you are of aquatic metaphors), you could call this a drop in the ocean, or part of a growing wave that will one day turn the tide.



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DIRCS Report *By Eli Hason*

Hello all you Denman Islanders. **Cross Pollination - a Day in the Field** is a go with musical guests doing electronic music, synth pop, experimental grooves, and more. It is on July 2nd from 3-8 pm, with delicious local food, local music, and local artisans. It is all ages and by donation, so come on down to the field by the hall and see some aspects of the after future on this fine island. We are still looking for folks that may want to have a booth at this new outdoor festival style event. They cost only \$10, or free for any Denman organization that wants to take part.

Some updates from the hall, we recently have had our floors refinished in the front hall so they can keep their luster in the long term. We have also managed to get more elements of the new sound system in place - with a new digital mixing desk that just showed up, new monitors for the bands, new mics, etc. More bits will be coming in over the next few months to make us state of the art, but also accessible and relatively easy to use. We will be looking to train some more folks on the use of the new gear, so contact Eli Hason if you are interested in future training on the hall sound system.

The next DIRCS meeting is on the 2nd of August, and the Blackberry fair is coming up on the September long weekend. Enjoy the summer and see you all soon.

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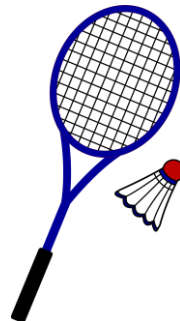
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Summer Community Programs start on July 4th! *Submitted by Kate Janeway*

The Community Programs Office has put together an exciting range of programs for children and families from July 4th to August 5th this summer. Join us for one of our perennial favourites like Day Camp or Soccer Camp, or try something new with Frisbee Golf and Badminton Camp. With two new enthusiastic summer staff, Ryder & Rachael, there's sure to be a program that fits your needs this summer.

During the summer months we continue to offer core programs such as the CAP Site & Food Bank with a modified summer schedule. There will also be a CAP youth intern available one day per week to assist community members with computer issues. The CAP site will be open Tuesday, Wednesday and Thursday from 2-5pm. The Food Bank will be open Thursdays from 2-5pm.

To pick up a full summer brochure, drop by the community school or visit our website at www.dices.ca.



In My Opinion *By Doug Carrick*

CORRUPTION BEYOND BELIEF

The Bible, Samuel 8:3 "They took bribes and subverted justice". (referring to the two sons of Samuel, the prophet)

The BC Liberals represent a degree of corruption almost beyond belief. I used to think that countries like the Congo and Nigeria were hopelessly corrupt. Bribes were necessary to get anything done. Now I realize that BC is every bit as corrupt and even more so! Our whole government is controlled by bribery.

Look at Christy Clark's private meals. The rich and powerful pay \$5 thousand, \$10 thousand, and even \$20 thousand to have a meal with Christy Clark. Such payments are not just for scintillating conversation - but to receive special consideration.

Pay-offs are part of every provincial decision. It started with Gordon Campbell selling off the BC Rail. Knowing it was an unpopular move before the 2001 provincial election, he stated he would never sell it. After winning the election, he promptly sold it - to the Canadian National Railway. The Canadian National Railway donated \$295,000 to the BC Liberal Party at that time.

More recently, BC had seven watchdog scientists researching the pharmaceutical industry. One of them, Mr. MacIsaac (who committed suicide) was researching the dangerous side effects of the anti-smoking drug Champix. Others were researching the over-prescription of anti-psychotic drugs to children and seniors, as well as drugs to treat Alzheimer's disease. They were suddenly fired. The NDP believes it was because of pressure by the pharmaceutical industry. After all, drug companies had donated \$600,000 to the BC Liberals between 2005 and 2012.

The mining industry has a most shameful record of human rights abuses in backward parts of the world. Enlightened countries have been trying to get every country to be responsible for harm done by their own mining companies. BC has been foot-dragging - claiming our mining companies are already acting responsibly, and need no further regulation. The largest single corporate donation to the BC Liberal Party in 2013 was from the mining giant, Teck Resources, at \$1,700,000. The fifth largest donation was from another mining giant, Goldcorp, at \$565,000. And it even affects our fisheries. Despite endless scientific studies by Alexandra Morton and others, showing how salmon farms have caused devastation to wild salmon, and despite the recommendations of the Cohen Inquiry, the BC Liberals have continued to allow salmon farms to expand in both size and number. The BC Salmon Farmer's Association

donated \$38,000.

Climate change is probably the greatest threat to civilization that mankind has ever confronted. Despite this, Christy Clark continues to drive for the increased production of natural gas - totally ignoring the warnings of our best scientists, ignoring the moral wisdom of our churches, and ignoring the democratic views of the people of British Columbia. Mind you, the large oil and gas corporations have donated \$3.1 million to the BC Liberals between 2005 and 2012 - an amount not to be ignored - even if our planet is jeopardized.

It goes on endlessly. The Fraser Institute, the conscience of the Liberal Party, has received \$4.3 million from US Corporations since the year 2000. And then there is Hayworth Securities. Recently exposed by the "Panama Papers", this firm arranges off-shore accounts for wealthy people and corporations.. They donated \$273,000 to the Liberals in the years from 2005 to 2012. Why?

This is just a small sample of what is going on. The BC Liberals are immersed in corruption - so much so, it has now become the norm. We hardly even question it. Like a cancer out of control, it is eroding every aspect of our society.

The Plastic Pulse *by Cynthia Minden*

Plastic Free Denman is a new initiative under the umbrella of the Association of Denman Island Marine Stewards. We are a small group of islanders who are eager to reduce our use of plastic products, especially the single-use kind!

Plastic is not a disposable product - every single bit of plastic ever made is still somewhere on the planet! And recycling? Not good enough, we say, because plastic recycled into plastic is still plastic and lots of the stuff is NOT recycled (think straws, wrappers, mini creamers and jams, etc.) Due to its chemical make-up, nothing in nature can biodegrade plastic.

Incinerating plastic doesn't solve the problem either as toxic dioxins are released into the air, and we consume them as they settle on our crops and get bioaccumulated into animals and humans.

Although the enormity of the problem of global plastic waste is rather overwhelming, we decided that we won't focus on the bad news. Bad news makes us feel stuck and is certainly not motivating! Instead we will turn our beady eyes on one thing at a time, bring you the GOOD news about positive actions happening around the planet and

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PLASTIC PULSE FROM PAGE 6

let you know what you might do to slowly but surely reject even a few of those insidious plastic items. Small steps can = powerful results as this movement is indeed becoming a global action.

So although our name “Plastic Free Denman” is rather ambitious, it's also our challenge, our vision and our hope! Help us get there, step by step. If you would like to join us, we promise that we are an upbeat group, looking towards the future – see our contact info below.

This month, I am pleased to launch our monthly article **The Plastic Pulse.**

The topic? **Plastic Straws**

Seems innocent enough, right? I mean a small plastic tube designed to be hygienic sounds like a good thing!

Straws have an interesting history!
(<http://blogs.worldwatch.org/plastic-straws-a-life-cycle/>)

Humans have been using “drinking tubes” for over 7,000 years. Mesopotamians used straws made of reeds or gold to filter beer, and the Chinese used tubes to sip on cloudy rice wine. In Egypt, one inscription shows that straws prevented the accidental slurping up of insects while drinking at night. The Guaraní people of South America drank *yerba mate*, a caffeine-loaded infusion, with filter straws called *bombillas* long before the arrival of Spaniards in the 1500s. And, in the 1800s in Europe and North America, dried wheat shafts and rye straws became popular until the invention of the paper straw in 1888.

In more recent history, the United States likely propelled the use of disposable straws. In the early 1900s, when polio and tuberculosis were rampant in the country and people became increasingly afraid of contagious disease from shared glasses, soda fountains began offering drinking straws to prevent contact with the glass.

In the mid-1950s, another boost to the straw industry occurred with the continued popularization of cars. Restaurants—spearheaded by McDonald’s—revolutionized the quick meal by replacing washable glassware with low-cost, disposable packaging for meals and drinks on the go. In the 1960s, plastic replaced paper, shifting straws from a renewable to an oil-based, single-use product.

BUT here's the problem in a nutshell (at the risk of infusing just a wee bit of bad news into this article) As with many products, we humans have created a monster in this innocuous straw.

Volume: Millions (read 500 million in the US alone!) of discarded plastic drinking straws end up in the oceans, swept up into gyres and washed up on beaches
Disintegrating plastic releases dangerous toxins
Straws are a petroleum bi-product polypropylene, essentially the same stuff that fuels our cars
Animals confuse plastic for food causing choking and death

You can read volumes about straws on the internet but our message is:

“Plastic Straws Are For Suckers!”

The Good News – some tidbits

Surfrider Foundation has *Plastic Straws Suck* Campaigns in Vancouver, San Francisco & South Jersey

Tofino BC is now straw-free (*as of Earth Day, 2016*)

Bacardi imposed in-house plastic straw/ stirrer ban (*est.12,000 saved from landfills annually!*)

Miami Beach - plastic straws banned from beaches & beachside restaurants

Disney World Animal Kingdom Park- plastic straws banned

Santa Cruz and Monterey CA considering plastic straw bans

“StrawWars” launched in London's Soho District, 2012 with plans of going international

SeaWorld in Orlando, Zoo Miami & Miami Seaquarium - plastic straws banned

The Last Plastic Straw challenge is sweeping through restaurants all over California

Community challenge:

SAY NO to straws! When you order a drink, make sure to say “NO straw, please!”

REJECT plastic straws in take-out drinks

SPREAD the awareness: Where you dine and shop suggest alternatives, consumers have power!

Alternatives & Resources:

Did you know that there are: glass straws, stainless steel straws, paper straws and bamboo straws?

In Courtenay, try: The **Tea Centre** on 5th St, **Edible Island** on 6th St., **Weinberg's Fine Food** at the Buckley Bay ferry

In Vancouver: **The Soap Dispensary** on Main Street has lots of choices.

Order any of the above on line, from:

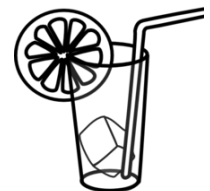
<http://www.enviroglasstraw.ca>

<http://thelastplasticstraw.org/resources/>

<http://www.greenmunch.ca/glass-straws/>

We'll be at the market on Saturday , July 9th – come and talk *Plastic* with us!

We are: *Taina Uitto, Cynthia Minden, Jude Kirk, Barb Mills & Shelley McKeachie*
(and ... you?)



“The Colour of Water” - Jean Cockburn and Pelka Wiltshire

Submitted by Roberta Pagdin



intuitively. Freedom from following conventions means they can play with a vision and bring it to “life” with the use of fabric, paint, beads and other materials.

Jean is a multi-talented artist who loves to quilt, embroider, knit, crochet, weave baskets, sketch and paint. She likes to work with new materials to create bright, bold meticulously crafted images. Design and colour are important factors in Jean’s choices for a piece, but technique is of prime importance to her. And fine hand sewing is evident in her work - even though Jean can work quickly, each art piece is the result of many hours of labour.

A maple tree that speaks to Jean in spring may be represented with fabric appliqué and embroidery. That same tree may be represented with warm colours for fall but using different techniques. Sometimes she will use the same fabric, but employ different techniques such as Bargello or English paper piecing.

Pelka, also, is a gifted multi-media artist. Her passions range from drawing and painting (water colours, oils, acrylics) to traditional quilting using recycled materials. Often, she pulls these elements together to create a collage effect and has recently become interested in creating sculptural pieces.

Pelka’s large, light filled work space is, as she puts it, “a laboratory of creativity, not a studio”! Within its space, she brings together the ingredients for her creation. And that is when things get interesting. Materials, colours, textures work together to inform Pelka as to where the piece is going and what is to happen next. Serendipitous things can happen - perhaps with the addition of paint on top of old parchment, or by using “thread trash” for colour and depth. There are many happy accidents.

This show’s opening night is July 21st at 7 p.m. The gallery

If you are trying to picture the colour of water, consider Jean’s description: “Water reflects everything in the natural world. The colour of water is the colour of all the world around it.” These dynamic multi-media artists decided on water as the theme for their show, went their respective ways and began creating.

Although Pelka and Jean like the synergy of showing together, they work entirely independently. When their work is brought together, they see the commonality in their creative vision. For this show, they were delighted to discover that their colour palettes were almost identical. The pieces they are presenting sometimes complement and sometimes juxtapose, but all work together.

Both Jean and Pelka have a deep need to create art, a process to which other artists can readily relate. They love the art of creating - a “letting go” that allows them to work



will be the vessel for an abundance of amazing work from these two artists, so plan to be there! The show will run from July 22nd to August 2nd at the Denman Island Arts Centre, 1016 Northwest Road. Summer Gallery hour are: Monday to Saturday - 11 a.m. to 4 p.m. Sunday - 1 p.m. to 3:45 p.m.



Bruce Jolliffe

Director

Baynes Sound – Denman/Hornby Islands (Area ‘A’)

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Tel: 250-335-1275

Buddhas and Goddesses. *Submitted by Jane Fawkes*

A rare opportunity to visit Jane Fawkes beautiful studio and a garden courtyard filled with mythical Goddesses created by Bev Severn.

Jane and Bev, both born and raised in England, met on Denman island as neighbours in 1994 and have since been friends.

Both artists enjoy illustration and painting, but Bev is mainly known for her clay work, both functional and whimsical, while Jane continues to experiment with print-making.

To give some background to this show, Jane and Bev had a conversation.

Jane. "Bev, I always think of you as primarily working in clay. I am wondering what initially drew you to this medium?"

Bev. "I went to Art School in England, wanting to be an illustrator. I was disillusioned by the marketing aspect of Graphic Design, so went into Fine Arts instead. This too didn't fit. I was put off by the pretentiousness and eventually found a home in the Pottery dept, where the potters were earthy and real - they smoked cigarettes and drank herb tea ! There was also the potential to sell work."

Jane. "That's interesting, because I also started with an interest in Illustration. I think of my early childhood as being mainly solitary. I read vociferously and lived in a world of imagination. I also liked to write stories, which I illustrated. In my 50s I discovered writing, but knew that I had to choose being a serious writer or a serious artist. Being a visual artist won out, as I preferred the process ; working with colouring a studio, rather than sitting at a computer. To get back to the Goddesses, can you remember the first Goddess you made and how that affected you?"

Bev. "When I came to live on Denman , making Goddesses coincided with joining a women's group and going to Witch camp. Since then I have made many Goddesses, inspired by various ancient traditions - the first figures found in Europe and Hindu Goddesses from India, plus Wiccan and Celtic figures, the largest being about 30" high and some as small as 1/2" pendants. Unlike painting, where the result is guaranteed, the sculptural pieces can easily crack or warp during firing. Opening a kiln can lead to great joy or great disappointment. How about you, Jane ? What motivates you to paint ? I have seen many different styles over the years. "

Jane. " I see my paintings as a series of stories in colour. Because they are also about painting technique, form and colour, they don't have a linear narrative that can be explained. I am fascinated by the painting process, so that the work is about playing with colour, layering, sculpting the paint and the art of surprise and things hidden. This series still has echoes of my several memorable trips to Myanmar; particularly the well preserved murals in the old temples of



Bagan."

"Bev, when you start a new piece of work, do you already have an idea of how it will look?"

Bev. "Yes, I have a very clear idea of how the figure will look, but often that changes in the process of making. How about you ? Do you plan your paintings?"

Jane. "No, I mostly don't have any idea of what will come, which is both scary and exciting. The hardest thing is letting go of any conscious ideas and letting the piece emerge from an authentic place in my unconscious, so they are always a surprise, though I draw on a pictorial "language" that has developed over the years. Once I have started a series, one painting leads to another, until I run out of energy; usually in late Spring, when warm weather and the garden call me outside."

We are really excited at doing this collaboration and look forward to having people visit.

Saturday July 30th & Sunday July 31st.

Time 10 am - 4 pm.

4060 Wren road.

The driveway is narrow & parking at the house limited, so please leave cars on Wren Rd.



History and Update

Denman Community Land Trust Association (affordable housing)

In the spring of 2008, five islanders met to form an association dedicated to creating affordable housing on Denman Island.

Our island community had just concluded a lengthy search for bylaw solutions to stem loss of community members and secure housing due to rising real estate prices. The only legislative solution—increase density and hope for the best—has a long track record of failure. Because local trust committee bylaws cannot control the use or limit the resale value of development, adding densities for ‘affordable’ housing may well have the undesirable consequence of simply adding more houses to the market.

Subsequently, Denman Community Land Trust Association (DCLTA) became a registered non-profit society in May 2008 and a registered charity in August 2009 which allows the association to issue tax receipts for donations over \$20. We chose a land trust model because, key to maintaining affordability over time, a land trust could obtain and hold land.

The following quote from a July 2011 Flagstone article continues to best describe DCLTA's approach to affordable housing. The article appeared as DCLTA initiated the bylaw amendment process necessary to receive the donation of a hectare of land to support its pilot project:

DCLTA is tackling a very difficult mission — to make affordable housing available to a full spectrum of residents who qualify as low income earners, to charge rents which do not exceed 30% of the tenant's income, to offer a rural solution, and to avoid taking on a crippling debt load. Despite these difficulties we still believe our goal is worthwhile to preserve the healthy diversity of our community.

As of April 2015, the pilot project was complete and tenanted. Consequently, DCLTA has a template Housing Agreement (enshrined in Bylaw 205 including the Tenant Selection Procedure), a model rental agreement, and an invaluable understanding of the bureaucratic ‘ropes’.

On November 16/13, DCLTA signed a memorandum of understanding to acquire two acres within the village area in a perfect location for seniors’ housing. Thus began the Association’s second project.

To date the Seniors Affordable Housing Project has

- ☆ Conducted a needs assessment,
- ☆ Secured a land purchase agreement,
- ☆ Met with provincial approval agencies to present proposal and seek advice,
- ☆ Presented the proposal to the Local Trust Committee,
- ☆ Contacted proposal neighbours and hosted a community open house to introduce the project and invite feedback,
- ☆ Conducted a Wastewater Assessment for Development,
- ☆ Identified a suitable basic unit design,
- ☆ Studied energy efficiency options,
- ☆ Secured the access lane to the proposal site,
- ☆ Received funding for basic site preparation and tidying.

The following are in process:

- ◇ Application to exclude the land from the ALR,
- ◇ Formalizing a business plan and analysis of financial feasibility.

continued...

DCLTA FROM PAGE 10

DCLTA has benefitted from funding to complete research into affordability options:

↔ Rural Affordable Housing Project, June 2012, thanks to a Comox Valley Housing Task Force building capacity grant to address homelessness—investigated the island's more traditional style of farming and the associated need for additional, affordable residential accommodations on land designated in the ALR.

↔ Greywater Recycling Project, 2013, thanks to a Comox Valley Regional District Grant-in-Aid (G-I-A)—explored and summarized affordable and environmentally sustainable sewage and greywater disposal systems.

↔ Affordable Housing for Seniors on Denman G-I-A 2014—compiled a formal needs analysis report.

↔ Solar Power Research Project and community presentation G-I-A 2015—provided research and recommendations necessary for DCLTA to make informed decisions in the design of Project 2.

As a community based association with a mandate to create affordable housing, DCLTA relies on volunteers, donations, and in-kind contributions. Land donations and bequests are core to DCLTA's creation of affordable housing. As a land trust with charitable status, DCLTA can hold land in perpetuity thereby assuring housing security and affordability for tenants. Projects depend on the size of the land parcel, the nature of the neighbourhood, the environmental values, the location (senior housing is best near the village), and, when not in conflict with our mandate, donors' wishes.

For more information google DCLTA's website denmanaffordablehousing.org (including research projects) or email info@denmanaffordablehousing.org.

GARDEN OF LILIES ART SHOW *Submitted by Leslie Dunsmore*



Leslie Dunsmore's early-summer GARDEN OF LILIES ART SHOW will happen on July 9th and 10th this year. For the 12th time, this annual event has been timed to correspond with the blooming of 250+ lilies. And our mild winter has encouraged the lilies to bloom early! The "gates" will still open at 10am till 4pm each day. And some of the late-blooming lilies will show off their colours and form.

Still in pursuit of silence in each image, Leslie constructs landscapes using bright saturated colours. Each painting is created by a patient build-up of textural layers. The mysterious imagined scenes are somehow familiar. She hopes visitors can share a common experience,

when something in the art work speaks of familiar feelings and experiences.

Her 2015-2016 winter & spring paintings include mountain peaks, alpine winterscapes, magical meadows, meandering trails, and long-distance arctic tundra vistas. Visit www.lesliedunsmore.com to see examples of her art. And Leslie hopes you can drop by **Saturday or Sunday July 9 & 10 at 4791 East Road on Denman Island.**



Arts Denman News...

Summertime, summertime...

READERS & WRITERS FESTIVAL

Thursday through Sunday – July 17th through 20th, 2014

A much-anticipated annual event over the past few years, this one promises more exciting visiting writers who will join Denman's own literary lights.

The line-up of authors for this year's event includes:

- *Angie Abdou*
- *Caroline Adderson*
- *Maude Barlow*
- *Douglas Gibson*
- *Pauline Holdstock*
- *Zaccheus Jackson*
- *Derek Lundy*
- *Chris Turner*
- *Richard Wagamese*
- *Rita Wong*

with moderators *Juan Barker & Des Kennedy*, plus our own *Denman* writers.

Writer in Residence Program:

Steven Price leads our five day *Writer-in-Residence Program* from July 14 – 18, 2014.

Complete details & daily schedules of events can be found at: <http://denmanislandwritersfestival.com/>

For general information:

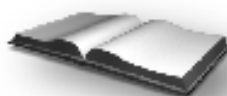
Email: denmanwritersfestival@gmail.com

or call 250.335.0043

For registration information:

Email: denmanrwsregister@gmail.com

or call 250.335.2113



Other artistic endeavours to add flavour to your Summer should also include a visit to the ongoing...

SUMMER ART GALLERY (All shows @ the Arts Centre)

- Show #3: June 26th– July 8th **YESTERDAY IS HERE** – photography, painting, song & dance by Andrew Fyson, Roxanne Cowles-McPhail, Jennifer West, Kieran Meagher, Laurie Montemurro, Linda Nessel-Treen, Matta (aka Asmatta), Nicole Tritter



- Show #4: July 24th– August 5th **REFLECTED LIGHT PLAY** – acrylic painting by Tashi Draper



Join each artist for an opening reception on the Thursday before each show at 7 p.m. in the Arts Centre.

UPCOMING EVENTS

Be sure to make plans to take the always fascinating tour of over 13 unique venues on this year's...

ARTIST'S STUDIO TOUR

Saturday & Sunday August 16th & 17th 10 am - 4 pm

An island-wide tour of the studios of many different artists & artisans, both visual & tactile.



Arts Denman is extensively supported under the Arts & Culture section of www.denmanisland.com in addition to their own site at www.artsdenman.org. Be sure to check them out for all the upcoming 2014 events!

Illiteratty is Back!

Submitted by Jennifer West

**July 30, Denman Back Hall, 7:30
(doors 7:00)**

Those of us who saw them a couple of years ago know how entertaining and musically proficient Illiteratty is. Illiteratty plays original folk music in many different styles, from European swing to Celtic to rockabilly to world music. It's funny, angry, idiosyncratic, intelligent, and extremely varied, consisting mostly of songs and instrumentals written by Earle Peach. The instrumentation is guitar, mandolin, fiddle, acoustic bass and keyboards. They also sing in



wonderful harmony and are marvelously witty.

From their website (www.illiteratty.com):

“Earle Peach has been a fixture on the Vancouver folk music landscape for decades, playing with Songtree, Natural Elements, Ship of Fools, Flying Ship, Sudanda and countless others. He conducts several choirs, teaches a variety of music skills and creates music for film, video and theatre. Because Earle is such a prolific composer (he’s probably composing something right now), he does the lion’s share of the writing for Illiteratty.

Albert Klassen has always played whichever instrument he could get his hands on – violin, piano, french horn, bass, tuba, guitar – but eventually he found his focus, playing bass for many years and then mandolin. Albert acquired his mandolin by employing a traditional Mennonite strategy – he couldn’t afford to buy the one he wanted so he built one. Here (www.illiteratty.com) he’s playing the AK3. At the rate he’s cranking them out (one every two years on average) he’ll be 141 years old when he builds the AK47.

Kirsten Daub began studying violin at the age of five, learning to read music around the same time she learned to read words. She must have been influenced by her parent’s lp collection, a mix of classical and folk, because she soon discovered that the violin was good for more than just concertos and began playing in folk bands. Today Kirsten’s ipod has everything from Bach to Bruce Cockburn to the Beastie Boys and while she listens to just about everything she always comes back to folk music.

Mark Bender is the most recent addition to Illiteratty. He’s been playing jazz, rock and classical music and teaching and recording ever since he bought a bass guitar when he was 17. He played with Earle in a band called Ship of Fools in the mid 1990s and he and Albert were the New Westminster Symphony’s bass section briefly in the late 1980s. Mark still plays with the New West Symphony and he also plays with jazz singer Wanda Nowicki and with Mennonite Jazz Committee.

Simon Kendall is probably best known as the goofy gargantuan keyboard player from Doug and the Slugs but that gig was a mere 15 year blip in a long career composing and producing music for film, TV and theatre. We recorded our CD in Simon’s studio with Simon producing and he couldn’t resist the temptation to add piano and accordion to the mix. Of

course we did nothing to discourage this. Now he joins us as a special guest whenever his busy schedule allows.”

Please join me in the **Back Hall on July 30th** for a fun evening of wonderful music. Suggested donation of \$12 at the door.

Haircuts By Riane

\$25 in your home

Seniors' Discount

250-650-6079

Agriculture Matters *By Max Rogers*



Polite Roses and Thug Roses

It is dry on Denman. I know we have had a little bit of rain but it is so dry that the soil more than a foot down is as dry as powder. This may not be noticeable to a lot of people but it is to me because I rely on electric-mesh fences to move my beloved sheep onto fresh grazing. I can't get the fences to ground anymore because the soil is so dry that even 3 grounding rods driven 4.5 feet into the earth can't find enough moisture to effectively ground the fences. I have to pound the grounding rods into the edges of ponds or in ditches where the water has had a chance to soak in. This limits the number of paddocks I can use because not all of them have water features. I suspect that these dry conditions are going to be hard on shallow wells and on a lot of the trees. The broad leaf maples in my yard are heavier with seeds than I have ever seen them. The pollen storm early this spring was the worst I have ever experienced. A lot of trees and shrubs are stressed by the very dry couple of years just past. A stressed plant will put all its energy into producing seeds to try to carry on its species.

My well water has become very sulfurous and unpleasant tasting and did so very early in the year. It is a deep well but its water quality changes with the seasons. So we are being very careful with how much we use our well. We mostly bathe in our outside tub on the deck. We fill it with a hose from the laundry room and use the gray water the next morning to water the flower pots on the deck and the little garden behind the house.

An outdoor bath is the greatest of luxuries. The sky above us is filled with birdsong and the aerobatics of violet green and barn swallows. The barn swallows are new for us and a very welcome addition to our farm. The pots of flowers attract hummingbirds and butterflies and it is altogether a relaxing way to spend the evening with a glass of wine. Kevin Mitchell constructed an insulated box that the tub fits into and we are very happy with his work. What I would like to do, but lack the technical skill to accomplish, is to channel the household gray water into some kind of holding tank for irrigating our fields. Alas, plumbing is a mystery to me. My husband suggests I fix the leak in the sink as a way of gaining plumbing skills. This could be interesting. My friends know that I am only slightly less mechanically inclined than the average goldfish.

I really think ponds are the way to go to secure the water we need on Denman for orchards and gardens. We have two irrigation ponds and pump from the ponds up to

the big holding tanks to irrigate with. If we tried to do that with our well, we would be drinking salt water. I know because it happened to us a couple of years ago. There is so much to learn when you come to live in the country that there really should be a sort of Farmers' Almanac for urban people moving into the country. It would make for painful reading.

An example of the things I didn't know but should have included is a rose bush I inherited when we bought this farm. It was a weak, starving little thing that had been planted in deep shade and I should have left the wretched thing there to die. But I wanted to give it a chance and so planted it on the sunny side of the house where it grew into a truly terrifying rambling rose of immense proportions. I had woven it onto a lattice attached to the deck. It grew so huge and tall and heavy that it has torn the banister right off the deck. I could, perhaps, live with its thuggish ways if it had nice flowers but its flowers are tiny, muddy white and it smells like cheap soap. I really cannot be doing with white flowers at the best of times and this rose has outstayed its welcome. I may need a back hoe to get its roots out.

Continuing with the subject of roses, a visit to Phyllis Brewer's wonderful garden is really a must for any gardener. So I went with a friend and Phyllis showed us around. It is such a privilege to have her garden on our little island. Phyllis has a collection of some hundreds of roses and is forever digging some up and pitching them out to make way for new conquests. So her garden is forever changing.

Phyllis showed us a monster of a rose. It is called Alberic Barbier who must have been a famous criminal or something similar because this rose is an assassin. Phyllis has a sturdy hired man so don't think you can get away with keeping this rose unless you too have enough money to hire muscle to keep the beast in check. Alberic Barbier is a rambling rose with very pretty bunches of flowers. Phyllis calls this monster a, "polite rose," because it does not need dead heading. "You just wait until you have time to prune it and cut the whole branch out," explained Phyllis. I would call it a thug of a rose because this past spring, she had it cut back to 3 little stumps and when I saw it in mid June, it occupied enough space to be hiding a garage and had made it at least 30 feet up a 40 foot conifer.

(Continued on Page 15)

AG MATTERS FROM PAGE 14

Phyllis clearly knows what she is doing but an inexperienced gardener who dared to plant this rose could well wake up one morning and find themselves trapped in the house by the rampaging rambling rose. I asked Phyllis what sort of rose would be safe for the older gardener to keep and she said, "Any small bush rose will do. Just look it up in the catalogue." So I am on my guard against any roses that need a good home or similar gifts from feckless girlfriends because who knows what horrors they are capable of. The roses not the girlfriends. Really.

I do like roses but I like the miniature ones that are sold in 4 inch pots. I just pot them up and feed them a balanced liquid fertilizer (human urine diluted in water) and get a great show of flowers and no drama. I am a little sensitive about rambling roses because I have another one and stupidly planted it on the wrong side of my vegetable garden fence where it has grown into the most awful predator full of thorns and it steals all the light from the nearby beds of vegetables. I had no idea the dreadful thing was going to become so huge and strong. So think before you plant is my motto these days.

NEW MARKET COORDINATOR

By Veronica Timmons (for the GPA)

Our vibrant Saturday market is growing. Old and new vendors turn up each summer with all kinds of quality foods and other products. At the May long weekend 40 vendors showed up (twice the normal number). Space was at a premium and it was


a bit of a tight squeeze to say the least! It was obvious that coordination and organization was needed. At a meeting of the DI Growers & Producers Alliance, it was decided that the GPA should become the sponsoring organization for the market and Gloria Michin, the liaison to the Old School Committee agreed wholeheartedly! There was money in the bank so the GPA Board decided to hire a Market Coordinator. The vendors, at a meeting held three weeks ago, also agreed. A job description was presented and approved and the hiring process took place.

The GPA Board is happy to announce that Lorraine Martiniuk, a long-time islander, is the new Market Coordinator. She will be at the market each Saturday morning from 8:00am until closing to organize the area, meet the vendors and deal with any situation that arises. Lorraine is very enthusiastic about promoting the market and will be writing articles for the Grapevine, Flagstone and also the www.visitdenmanisland.ca Facebook page.

With so many vendors offering local food you can eat breakfast, brunch or lunch at the market and take home some great baked goods as well as your week's groceries. It's a great place to meet your friends, buy local foods and products and help the island economy. See you there.

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Denman Island Baroque Music Workshop & Festival May 6-14, 2017, an Update *submitted by Andrew Fyson*

Robert Newton and I are excited to be organizing this Workshop and Festival on Denman Island in the spring of 2017 under the flag of Denman Early Music, a new committee of Arts Denman..

Festival Events (Provisional program)

- Baroque Music Workshop for amateur musicians (Various venues)
- English Baroque Music Exhibit (Arts Centre)
- Concert by Members of Victoria Baroque Players (Community Hall) organized by Concerts Denman
- Concert by Workshop Instructors (Community Hall)
- Lecture by Marco Vitale (Workshop music director)
- Poetry and Music by Denman Artists (Arts Centre)
- Community Concert (Community Hall) with local and Workshop participants
- Purcell & Handel—final concert of Workshop participants (Community Hall) with small choir and orchestra.

Baroque Music Workshop

The core of the event will be a week-long workshop for up to 25 accomplished amateurs (and students) to put together concerts of English baroque works in ‘authentic style’ including a small opera (such as Handel’s *Acis and Galatea*) or oratorio (such as *Alexander’s Feast*) and smaller chamber works. This workshop is modelled on European events that your hosts, Robert and Andrew, have attended. The musical side of the workshop will be run by 3 professional, European baroque musicians.

Who’s it for?

Amateurs:

- Experienced performing baroque music, preferably in chamber groups and choirs
- Able to read music
- With a professional attitude

We welcome applications for strings (violin, viola, cello, viola da gamba, bass), woodwinds (recorders, baroque oboe, baroque bassoon), brass (especially trumpets), timpanist, harpsichordist, organist, theorbo player as well as singers. Playing will be in baroque style (strings with gut strings and baroque bows) and will be in A = 415 Hz or A = 440 Hz depending on the music chosen and the applicants. It is hoped to attract participants from throughout Canada, the USA and Europe.

Food, Lodging and Registration

Off-island Workshop participants will be billeted with local residents or may stay in local b&bs if they prefer. Transport will be provided to carry musicians between venues for those who need it. Meals will be provided at the Community Hall. If you are interested in billeting participants, let Andrew know. Registration will be available on the website denmanbaroque.com in late autumn of 2016.

The Workshop Instructors

Marco Vitale—Musical director, instructor for voice and keyboards

Marco is the co-founder and musical director of “Contrasto Armonico”, a baroque orchestra using original instruments and historical performance practices. He has performed with many world-famous, baroque musicians including Jordi Savall and his *Le Concert des Nations*. Marco is conductor at the Warsaw Chamber Opera and runs the Arcadia Early Music Academy which has run music courses for amateurs in Europe for 11 years. www.marcovitale.me

Enrique Gomez-Cabrero Fernandez—Instructor for strings

Enrique’s musical collaborations include conductors Jacques Ogg, Michael Chance, Jaap ter Linden, Patrick Ayrton, Peter Van Heygen, Oscar Gershenson. He has played with chamber orchestras including the Orquesta Barroca de la Universidad de Salamanca, Orquesta y coro Viamagna, La Ritirata and Contrasto Armónico, with whom he recorded Handel’s opera *Acis, Galatea e Polifemo*, the oratorio *La Resurrectione*, and Italian Cantatas (Brilliant Classics). He has participated in the Utrecht Oude Muziek Festival, Utrecht Fringe Festival, Nederland Dietrich Buxtehude Festival and Duinoord Muziek Festival.

www.arcadia.me/tutors/

(Continued on Page 17)

DENMAN BAROQUE FROM PAGE 16

Romeo Ciuffa-Instructor for recorders, other wind/brass instruments

Romeo has participated in many musical events in Italy, as well as concerts in China (Beijing), North Korea, Mongolia, Russia, Canada, United Kingdom, Ireland, Holland, France, Spain, Switzerland, Zambia, Syria, Germany, Japan, Finland, Estonia, Hungary and Albania. In 1997, he founded the "Arcangelo Corelli Ensemble" with which he recorded many CDs of baroque music. He is a founding member of the "Cappella Musicale Enrico Stuart Duke of York". www.arcadia.me/tutors/

For more information, contact Andrew or Robert (250-335-9047) or visit our Website denmanbaroque.com which will be up and running soon.

What I Do When I Do Counselling *By Meredith McEvoy, MSW*

RSW, Hornby and Denman Community Health Care Society

As a Family Support Worker with the Hornby and Denman Community Health Care Society (HDCHCS) I meet with families, parents, grandparents, caregivers, youth, children, and small groups on Hornby and Denman Islands to provide free counselling services. A lot of people have never been to a counsellor before, so some questions come up, like: What is it for? Do we just talk? Does it actually change anything? What if I just talk to my friend instead? These are important questions to ask and wonder about. Every counsellor is a different person, with a different style, and educational background. I thought I would take some space here to explain what someone might expect when they come to meet with me.

I keep a lot of different tools, styles, and philosophies in my "toolbox" but I would say that ultimately my counselling is grounded in a Narrative and Solution-focused approach. I focus on two main steps: Discovering strengths and skills, and Naming the problem. In the first step, before even talking about the problem in detail, I work together with you, almost like a team of detectives. We work to uncover things that have worked in the past to address similar problems, as well as morals, values, experiences, people and strengths that you have in your life to help make the problem smaller. I am curious to learn the background stories of these strengths and skills and how they came to be.

The next step is to work together to put a name to the problem, which is easier said than done. Often when people come to see me they are in the middle of a very complex situation. Naming the problem helps strip away the messiness surrounding the problem, simplifies what you actually want to change, and gives us a way to talk about the problem as something outside the person. Then we go back to your skills and experiences and see how you can use them to address the newly identified problem and its qualities.

This explanation is a very condensed version of the actual conversations I have with people, which may be

much more messy, and bounce back and forth between steps and different counselling techniques. I regularly draw from Mindfulness (practicing focusing on the here and now) and Cognitive-Behavioural Therapy (making links between thoughts, feelings, and actions). In my counselling work it's always important to realize my limitations and I will refer people to a more specialized counsellor or program if it seems that would best meet the person's needs.

If you are a family, parent, grandparent, caregiver, youth, or child living on Hornby or Denman you are eligible for free support through the Child, Youth and Family program at HDCHCS. We are flexible and open, so if you have an idea about how we can best serve you please share it with us. We have one female Hornby-based counsellor (me) and one male Denman-based counsellor (Mike Nestor) and you may see either or both of us. To get in touch please phone our confidential voicemail at (250)898-0247 or email meredith@hornbydenmanhealth.com or mike@hornbydenmanhealth.com.

News from the Hornby and Denman Community Health Care Society

Submitted by Lori Nawrot

Thank you Home Care staff!

We've said it before and we are saying it again, we *really* appreciate our home care staff! Our Home Support and Home Assist programs have been very busy this winter and spring and many of our staff did so many 'extras' to help make it all work. They are a big hearted and generous bunch that make it easier for our clients and their families to get through some really challenging situations. Thank you all!

Family services

Mike and Meredith are available this summer with flexible schedules to provide free-of-charge support to children, parents, caregivers, and families. Support can

(Continued on Page 18)

HDCHCS NEWS FROM PAGE 17

mean a lot of different things – a phone call, in person check-in, referral, counselling, or small group on a specific issue – we are open to supporting you in the way that best meets the needs of you and your family. Please phone our confidential voicemail at (250) 898-0247 or email meredith@hornbydenmanhealth.com or mike@hornbydenmanhealth.com to get in touch.

Youth Outreach

Lanna and Matta are youth outreach workers that provide support, advocacy and referrals to the youth on Denman and Hornby Islands. For more information about their services and summer schedule please see their article elsewhere in this issue or call or text Lanna at 250 218-6521 or Matta at 250 650-3172. They also have a Facebook page called Youth Outreach Hornby Denman.

The following service providers will be on Denman in July please call to arrange an appointment:

Adult mental health clinician – (250) 331-8524

Comox Valley Transition Society counsellor – (250) 897-0511

Foot care nurse – Sheila Cameron (250) 897-2153

Contact information for HDCHCS

For general inquiries (250) 335-2885

Home Support, Home Assist Services or the

Equipment Loan Cupboard (250) 898-0243

Children, Youth & Family Services (250) 898-0247

Youth Outreach (250) 218-6521

Minding the Gulf - Chronic Illness and Mental Health

Most people can appreciate that being diagnosed with a chronic illness can be emotionally destabilizing. Even with a strong support network, having a chronic illness can be so challenging that just coping with day to day life can become overwhelming. Living with pain, diminished abilities or quality of life can bring about anxiety, anger, depression, or even suicidal ideation.

As a friend or family member, you can do a great deal to help someone cope with their condition. One of the best things you can do is listen non-judgmentally. Allow the person to talk freely about how they feel. Just knowing someone cares enough to listen to their concerns can be tremendously uplifting. When people feel heard, they can process their own emotional confusion, fears, and frustration by voicing their thoughts out loud with someone who they can trust.

As a caregiver of someone with a chronic illness, it's also important to take care of your own emotional needs. Empathetic family members or friends can often be adversely affected by the emotional distress of a loved one. Several on-line resources can help you become informed and understand what you are experiencing: The BC Cancer Agency (bccancer.bc.ca) has a very complete website with lists of resources for everyone concerned. The American Cancer Society (cancer.org) website is easy to navigate and has an excellent collection of well-written information pages.

Some other on-line resources for further reading are:

- The Canadian Association for Suicide Prevention: suicideprevention.ca
- The Canadian Mental Health Association: cmha.ca
- Society for Kids' Mental Health: forcesociety.com

In the event of an acute situation, you can always call the 24-hour Crisis Line for advice at 1.888.494.3888 or call the health care professionals on-island. If the situation is urgent, call 911.

Youth Outreach Services Summer Schedule

Hornby & Denman Islands

Lanna and Matta are Youth Outreach Workers for Hornby and Denman. They help teens and the people who care for them figure out problems that they might be having.

Need a safe adult to talk to? We provide youth support, advocacy and referrals.

Having trouble with teachers, parents, friends? Have questions about sex or partying?

We speak with youth about healthy relationships and sexual exploitation concerns and provide free condoms. We also help support youth who are in need of basic necessities such as food, shelter and transportation. What you say is confidential.

During the summer our schedule is as follows:

Tuesdays DI youth drop-in 2-4pm.

Wednesday look for our resource table at the farmers market on HI from 11-2pm.

Thursdays we have girls group on HI from 11-1pm.

We will also be running a screen printing workshop (must preregister) on Aug 9, 11, 12 on HI. Open to youth from both islands

Call or text: Lanna 250-218-6521 Matta: 250-650-3172 or checkout the fb page Youth Outreach Hornby Denman

"There is nothing to writing. All you do is sit down at a typewriter and bleed." Ernest Hemingway

I write. I write daily.

Often, it is for brief, staccato-like slivers of time, time, even then, invariably interrupted by other aspects of life; eating, thinking, finding fleeting amusements, fretting, having brief and not totally satisfying conversations with one or the other of my cats.

I putter a mite around the house. It is not a favoured activity. For, you see, I write. That is what I must do.

There is a compulsion to it. And, for me, a preference to write, even above reading. So, I am compulsive, not a little self-absorbed, and, because writing is a solitary act, a recluse of sorts, wedged in my own head.

A writer is often alone with his thoughts. And on those occasions when he has no thoughts, the loneliness can be uncompromising. A writer without a thought is like...a ship without a sail...no, too trite...a racehorse without a heart...nah...an experience without an apt metaphor.

One salvation for me has been the Denman Island Readers and Writers Festival. Another has been a monthly gathering of writers.

Hermits and people wedged within their own heads require a dollop of companionship.

I am a sad specimen.

For, you see, I write.

I write daily.

The Denman Store (your community store for over 100 years)

We have a tasty July lined up for you.

Please come and taste these delicious local products:

Saturday, July 2: Gold Phoenix Asian Foods

Friday, July 15: Blue Moon Winery

A salute to Hornby wines weekend: Saturday July

23 Hornby Island Winery and Sunday July 24 Cabrea Winery

Saturday July 30 Denman Island Chocolates

We will have a special salute to the Readers' and Writers Festival on Friday July 15. We will have wine tasting as well as street music. There will also be a guest reading by the Denman Island General Store's Poet Laurette Jennifer Lee (who is appearing courtesy of Sussan Thomson of Artist Representation Services Exclusives).

Mike Lindsay Denman Island Art Wall Artist of the month: C

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DENMAN ISLAND COMMUNITY SCHOOL

It takes a village to raise a child (African proverb)

I would like to take this opportunity to extend a heartfelt thank you for the support and encouragement provided by the Denman community. On behalf of the staff and myself, Happy Summer! Be safe and have fun!

Shelley Ord
Vice-Principal



The Denman Island Community School PAC is delighted to announce that renowned physician and author Dr. Gabor Maté is coming to Denman Island this month.

Dr. Maté is the author of numerous books on topics surrounding addiction, childhood, and the connection between the mind and physical health. He is also a regular columnist for several newspapers, and an international speaker.

On July 21st at 7:00 pm, Dr. Maté will give a talk at Denman Island Community Hall entitled "Raising Kids in a Toxic Society." Tickets cost a very reasonable \$20 and will be available at Abraxas, and at the Rusty Rooster in Cumberland. A very limited number of tickets will be available for \$25 at the door, so we urge those interested in attending to purchase their tickets in advance if possible.

This is a unique opportunity to learn from one of Canada's most renowned physicians, right here at home. All proceeds from this event go to the DI Community School. The PAC wishes to extend special thanks to Magdaléna Anna for all her hard work in bringing this talk to fruition.

We hope to see you there!
Becky Nykwest
PAC Liaison

Alan W Fraser (May 12, 1923 – May 30, 2016)

Former Denman resident Alan Fraser died at his home in Qualicum Beach on May 30th from heart failure. He had known it was coming and his wife Roberta was by his side. Alan and Roberta were long time residents of Denman Island and, but for some medical issues that in the end he outlived, they would probably still be here in their lovely home and garden on Nixon Road, where at one point he, and both his brothers David and Michael had homes all in a row. Both Alan and Roberta were very active members of the Denman community and Alan was elected twice as Island Trustee serving from 1988 to 1992, first with Glen Snook, and then with Rolf Ludvigsen.

Alan was a college administrator prior to retirement and a former teacher and school librarian. He spent WWII in the RCAF. (No doubt the perfect background for chairing a Trust meeting). Alan grew up on the water in Kitsilano, and one of his initiatives as a Trustee was to start the movement to oppose driving on the beaches.

Alan was survived by his wife Roberta, of 68 years, his children Frank (Aicha), Geoff (Sherri), and Laura (John), a numerous crop of grandchildren and great-grandchildren, and a score of other relatives. Alert, competent and keenly intelligent to the very end, he loved Denman, and right up to his death was keen to hear what was going on here.

Stirling Fraser

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Did He, or Didn't He?

by *Graham Brazier*

Harlan Ingersoll Smith was twenty-six years old, recently married and worried when he came to Denman Island in August of 1898. He and his wife, Helena, were here as members of the Jesup North Pacific Expedition — an archaeological expedition in search of evidence of links between the indigenous inhabitants of the Pacific Coast and those of Asia. The venture, funded by the American Museum of Natural History in New York, was under the direction of Franz Boas, an anthropologist who was eventually to become known as the “Father of American Anthropology.”

Harlan's worry was double-barrelled. Firstly, he was worried that whatever he was able to collect during his field work among the indigenous people of the coast wouldn't come up to Boas's expectations. Secondly, he was worried that his salary of \$60 per month — the same as it had been in 1897, before he was married — wouldn't be sufficient to support him and his wife. Perhaps they thought that if she contributed to the work in the field, there would be an additional stipend. However, it appears that Helena's participation in the work of the expedition was not seen as worthy of additional remuneration, though it was clear that during their work at Fort Rupert, on northern Vancouver Island, just two months before their arrival on Denman Island, she had been a full participant in an event that would exemplify the fine ethical line the whole profession had to walk.

While collection — particularly of skulls and bones — was central to the purpose of the Jesup expedition, scientific investigation was more often its stated objective. However, the American Museum of Natural History is a museum, and museums display artifacts which, before they can be displayed, must first be acquired, and acquisition was most often seen as a function of archaeologists working in the field, for which they were provided with a cash fund. The acquisition of skulls and bones is, of course, fraught with complex ethical questions not made any easier by the fact that such transactions were most often conducted across both cultural and linguistic chasms.

Though it didn't come to light until after they left Denman Island in August of 1898, the Smiths, it seems, blundered badly in this regard at Fort Rupert. As designed by Boas, the project required that skulls of peoples indigenous to the Pacific Coast be compared to those of coastal Asia. Archaeologists had a number of ways of obtaining comparative data: (1) they could photograph individuals, (2) they could record skull measurements, (3) they could create plaster casts of skulls, and (4) they could collect actual skulls. The first three were frequently the subject of what often became prolonged negotiations between indigenous individuals and visiting scientists. The fourth was more complex but most desirable from the point of view of the expedition and its financial backer, the American Museum of Natural History. Though not mentioned in the official report of the expedition, the Smiths' overzealous collecting appetites were revealed in a private letter to Boas in which Smith wrote:

“We have secured five complete skeletons and three skulls from tree and box burials. George Hunt [Boas's trusted liaison with the indigenous residents of Fort Rupert since 1886] got permission to take these bones. We are doing it secretly, however, leaving no traces behind us, and will use the permission to cover a possible detection.”

Two months after writing to Boas, the Smiths were on Denman Island, where they undertook a brief investigation of the foreshore in the vicinity of what was termed “the spit.” Here, according to the official report, they noted the presence of “low shell-heaps parallel with the beaches” and a “cairn.” Aha! A cairn! With a little knowledge of the Smiths' recent past, it's easy to imagine that a cairn — a collection of stones stacked or intentionally placed, most often, to mark a burial — would have been a very pleasing discovery. Smith's official report, however, offers no further elaboration or reference to the cairn and leaves us with a number of questions. Could it be that Harlan Smith, future head of the archaeology division of the Geological Survey of Canada, learned discretion on Denman Island and simply chose to say no more about the contents of the cairn? And, more to the point, did he, or didn't he collect human remains on Denman Island?

For further reading see: “Harlan I. Smith's Jesup Fieldwork on the Northwest Coast” Brian Thom. http://www.academia.edu/14663044/Harlan_I_Smiths_Jesup_Fieldwork_on_the_Northwest_Coast

Living Matters *By Esther Muirhead*

I am reluctant to be the bearer of more bad news however, this is an urgent matter. I just learned that cancer is now the second leading cause of death for children, the first being accidents, according to Stats Canada. For children aged 5 to 9, deaths caused by cancer are almost on par with accidents. Many recent studies are linking pesticide exposure to the most common childhood cancers: leukemia, brain tumors and neuroblastoma. "For many children, DIET may be the most influential source" of pesticides, says the US Academy of Pediatrics in a landmark Nov. 2012 report.

"But it tastes so good, how can it be bad for you?" my grandson remarks when we converse about the merits of eating potato chips at the store. How can I expect him to understand that the chips have an 80% chance of having 35 different pesticide residues on them and I won't even mention that Canada has just approved the sale of genetically modified potatoes. Why would adults allow poisons in his food?

The US Academy of Pediatrics, which represents more than 60,000 pediatricians, advised parents to "minimize using foods in which chemical pesticides were used" in order to reduce "unnecessary exposure." SIXTY THOUSAND doctors are telling us to stop feeding our children conventional food, because how can we be sure if they are unsprayed? An insecticide, called bifenthrin, found on more than 40 percent of strawberry samples tested in 2014, has been classified as a possible human carcinogen by California regulators.

Minimizing children's exposure to the pesticide residues found on conventionally grown thin skinned fruits and vegetables, even after it's been thoroughly washed, is not possible. Here is a list of some of the worst conventional foods we can feed our children and the average number of pesticides sprayed on each: strawberry; 36, apples; 47, raspberries; 39, grapes; 35, potatoes; 35, and peaches; 20. Root crops and non-organic milk and meat absorb most poisons from water and feed.

Dr. Philip Landrigan, whose early research in the 1970s helped eliminate the use of lead in paint and gasoline, is one of the world's foremost authorities. He urges parents to feed children organic produce when feasible instead of conventionally grown products, especially those that have high amounts of pesticide residues. Children consume much more food relative to their body weight than adults do, which can increase the amount of pesticides they're exposed to. The brain and nervous systems of young children are far from fully developed and are exquisitely sensitive to disruption and damage from industrial chemicals, including pesticides. Children's contacts with pesticides begin even before birth, however, so women who are pregnant or wish to

become pregnant should also try to reduce their exposure. Agricultural chemicals have been detected in the umbilical cord blood that nourishes the unborn fetus. Minimal exposure to a common pesticide, Chlorpyrifos/Chloroprophan, (found in 80% of conventional POTATOES), has been proven to later cause irreversible harm in children's brain architecture.

Organic produce usually does cost more, but there is evidence that it has a real payoff. A Harvard School of Public Health 2006 study took 23 elementary school children off a diet of largely conventional foods and put them on an all-organic diet for ONLY FIVE days. The researchers tested the children's urine twice a day for 15 days and found that the levels of malathion and another pesticide, chlorpyrifos, plummeted to "non-detectable levels immediately after the introduction of organic diets." Pesticides "remained non-detectable until the conventional diets were reintroduced."

Let us grow our own food, buy from our organic farmers and when we see a good deal on organic food, freeze, dry, can or ferment it to be used in the future. Let us urge the owners of Denman Island's stores and cafes to stop selling poisoned food to us, for our children's future health. Commit to eating organic and help starve the multinationals. Boycotting pesticides begins at your breakfast table!!



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Community Events Listings

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Saturday July 2nd from 3-8 pm in the Community Hall Field - Cross- Pollination - a day in the Field (page 5)

Monday July 4th to Friday August 5th Community Summer programs (page 5)

Tuesday, July 5 @10:30 a.m. in the Activity Centre Lounge, Denman Local Trust Committee Meeting

Saturday, July 9 @10 a.m. - noon in the Old School Trustee Office House

Saturday , July 9th @9:30-12:30 Plastic-Free Denman at the Farmers' market (pages 6 - 7)

Saturday July 9th and 10th @ 10-4 each day, 4791 East Road - Leslie Dunsmore's early-summer GARDEN OF LILIES ART SHOW ((page 11)

Mon July 11 @ 7:30-9:30 Back Hall DIRA

Thursday July 14-Sunday July 17 Readers' & Writers Festival (page 1 & 3)

Mon July 18 12-3 PM Back Hall Preschool Meeting

Local Tastings at the Denman General Store:

Saturday, July 2: Gold Phoenix Asian Foods

Friday, July 15: Blue Moon Winery

A salute to Hornby wines weekend:

Saturday July 23 Hornby Island Winery and **Sunday July**

24 Cabrea Winery

Saturday July 30 Denman Island Chocolates

Thursday, July 21 @ 6:30-10 PM Front Hall Raising Children in a Toxic Society

Thursday July 21st @ 7 pm - Opening of new show "The Colour of Water"; show running **July 22nd to August 2nd** at the Denman Island Arts Centre,(Page 8)

Saturday July 30th & Sunday July 31st. @ 10 am - 4 pm, 4060 Wren road "Buddhas & Goddesses art show (page 9)

Saturday July 30 @ 7:30 (doors 7:00) Denman Back Hall, Illitraty (page 13)

***Flagstone
Deadline for
August's Paper is
Friday July 22nd***

Sat Aug 6- Sun Aug 7 Denman Island Arts Studio Tour (page3)

May 6-14, 2017, Denman Island Baroque Music Workshop & Festival (page 16)



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