DENMAN ISLAND SKILLS & SERVICES DIRECTORY

This information can also be found online: www.denmanresource.com.

Please email the Denman WORKS! Resource Centre with new listings, comments, or testimonials: denmanresource@gmail.com

Agriculture and Garden

Animals and Wildlife

Appliances

Bicycles and Motor Vehicles

Carpentry and Interior Design

Construction

Firewood Sales

Fitness

Food and Water

General Labour

Hauling

Health and Beauty

Home and Realty

Instruction

Land Services

Office, Computer, Web

Plumbing, Heating, Electrical

Rainwater Systems

Sewing and Sharpening

Stores

Tours

AGRICULTURE AND GARDEN

Annie Siegel: Farm Fresh Eggs, plant starts and more at 2031 Westcliff, 335-1027

Beekkeepers Club: Contact the Resource Centre for more info, denmanresource@gmail.com

Gardens by Design: Consultation, Design, Installation, Maintenance. Please contact Suzette at 335-

0356 or email suzette.cullen@gmail.com

Garden Club: Contact Max Rogers for more info, maxine.rogers@gmail.com

Gardening, Yardwork, Digging, Mowing, Seasonal: Reliable and Efficient, Graham Hayman, 335-3334

Juice Press Available for Community Use: Proceeds go to the <u>Growers and Producers Alliance</u>. Price: 40 cents per litre up to a maximum of \$25 per day. Contact: Doug Wright for appointment 335-2282

Landscaping & Gardening: Designs, Installations, Consultations. Garden Maintenance, Renovations. Fruit Tree Pruning, Trees & Hedges, Garden Stonework. Local portfolio, excellent references. David Hicks, 335-0498

TreeEater Nursery: Weekly food box deliveries. Fruit trees, nut trees, berry bushes and fruiting vines. Peter Janes, 335-0970, peterbickeljanes@gmail.com, www.treeeaternursery.com

Wild Rose Gardens and Habitat: Certified Permaculture Designer, Philippa Joly at 335-2329. Seniors discounts available

ANIMALS AND WILDLIFE

Island Animal Care: Animal, house and homestead-sitting for islanders since 1993. Fireweed and Mike Nestor, <u>fireweedbc@gmail.com</u> or 335-1209.

Enviro-Mike: Offers solutions to help Islanders deal with wildlife conflicts humanely. Mike Nestor, enviromikebc@gmail.com, or 335-1209.

Loving Dog Care on Denman: Reasonable rates, enthusiastic service, located near the village/ferry. Please call Fiona Walker at 335-1535

APPLIANCES

Appliance Repair & Maintenance: 20 years experience. Call or email to request a diagnosis, it'll only cost you smiles and good jokes! Mits Narusawa, mitsunari55@hotmail.com, 335-0086

BICYCLES AND MOTOR VEHICLES

Automotive Aid: He'll change your tire if you get a flat, and can also tackle some engine repair. Reliable, Knowledgeable. Stuart MacNutt, H: 250-335-2965, C: 250-650-2965, or stewart macnutt@hotmail.com.

Electric Bicycle Conversion (and Bamboo Bicycles): Tomoe Yoshihara, tomotown@gmail.com

Oliver's Bicycle Maintenance and Repair: 897-9477

CARPENTRY AND INTERIOR DESIGN

Custom Cabinetry: Fine Finishing by Lucie Thivierge. 335-2005

European Trained Cabinet Maker: Interior finishing, stairs, doors, furniture. Shayne Barker, 335-

1471

Interior Design: deNeen Baldwin, 335-3027 or dbid@telus.net

Raven Moon: Creative licensed carpenter, Scott Kneeland, 335-1890

Richard Menard Carpentry: Also renovations, repairs, maintenance, woodworking & finishing, plus

custom doors. Call 335-1877

Tony Baker: Custom cabinetry and fine furniture. 335-1256

CONSTRUCTION

ABConstruction: Design, journeyman carpentry and project management. Alex White and Bart Goddard, aaawhite@telus.net, or 335-2148

Attention to Detail: Tiling, Painting and more. 20 years experience, reliable with references. Sue Scanlon, 335-0577

Etienne Design: Custom home design services, etiennedesign.ca, 335-702-7854

H20 Environmental: Water well evaluations, wastewater system design, ground water studies and more. Steve Carballeira, 335-1864

Island Eco-Construction: Design, construction and consultations. Alan Friesen, 898-4392

Island Rainforest Woodwork: Building custom homes and renovations. Randall Duncan, 335-2005

Ken Fisher, B. Arch., Home Design and Construction: 335-2976

Misty Isles Construction: From foundation to fine finishing. 30 years experience. Steve Ord, 335-2360

Pandesign: Residential design, project management, land use planning. Henning Nielsen 335-3226

Renaissance Stoneworks, Natural Stone/Slate, Installation: Local references. Jeff Honsinger, 335-0220, Website: denmanrenaissance.com

Roger Smith Construction: Custom homes, additions, and renovations. 335-0435

Seabrook's Roofing & Construction Ltd: Roofing, gutters, custom flashing, general construction, 335-1470

Tall Cedars Construction: Custom Homes and Renos. Excellent references. Licensed residential builder and General Contractor. Please call Rob Manering at 335-3150

FIREWOOD SALES

TreeEater Sawing: Custom Milling, Lumber, Firewood. Peter Janes 335-0970, peterbickeljanes@gmail.com

FITNESS

Activity Centre: There is a Fitness Centre in the village. For a membership please visit www.denmanactivitycentre.com

Afterschool Programs and more: The Community School offers fitness programs for kids. Please call 335-2058 or visit their website at http://www.dices.ca.

Badminton & Volley Ball: Visit <u>www.denmanactivitycentre.com</u> for updated dates/times.

Ballet: Laurie Montemurro, 650-8059

Belly Dancing: Heather Hilberry, 335-1062

Certified Iyengar Yoga Instructor: Alison Yarwood, 250-335-0945

Community Health: These indoor sports (at the school gym) are open to everyone ages 16 and up. Please bring indoor shoes, and a twoonie for the drop-in fee. Call 335-2058 or visit their website at dices.ca.

Kundalini Yoga: Weekly classes, self healing and meditation. Devmurti and Hari Amrit Khalsa, 76508 Marcus, 335-1143

Nia: Maxine Matilpi leads weekly Nia classes. Email maxinnia@gmail.com, or 335-0364

Personal Trainer: Susan Stewart at 335-2441

Soccer: Contact inthesmog@hotmail.com to find out about regular practice times

Table Tennis: Contact plmarshall@telus.net to find out about regular practice times. Also, new this year, there is a Pickle Ball group.

T'ai Chi Chuan: *Doreen Hynd* instructs Wu style to beginners and advanced practitioners. 335-2202. Also, *Brian Miles* is offering classes in T'ai Chi, please call 335-0768. Or, there is the ongoing class (after instructor Kathie Tolsen left the island...), please contact organizer *Denise MacKean* at 335-1608

Taekwondo: Gina Maerkl at 335-3116

Walking Group with Dr. Ron: Visit www.denmanislandwalkinggroup.com

Yoga and Healing Breath: Fiona Walker, weekly ongoing classes, studio with heated floor, 335-1535

(See the Grapevine's Monthly Calendar insert for up-to-date class listings on the island. It comes in the newspaper, and it is also tacked to the Events Board on the Activity Centre lawn.)

FOOD AND WATER

Guesthouse Bistro: Licensed, live music, homemade daily specials at the Denman Guesthouse, 3806 Denman Road, 335-2688

Denman Darkhorse: Delicious chai tea, a variety of blends, all organic, caffeine and non-caffeine options. Laura Pope, laurapopedenman@gmail.com, 335-1203

Dewdrop Delivery: Please call Werner Karsten at 335-0563, or cell phone 218-2494

Ducks Crossing Café: Also home to Kitchen Fare (gadget shop). Evening menu specials. 3646 Denman Road. 335-1671

Magdalene's Local, Organic Delicious Catering: Service for large and small groups. Great references! Call 335-0970 or email oakandcamas@gmail.com

Produce Shack & Chuck Wagon: Local produce, hot food. Westisle Farms, 2830 Piercy Road, 335-2278

Suniram Water: Bulk, potable, local (from Graham Lake), Marinus Blitterswyk, 335-0432

TreeEater Farm Food Membership: a Community Supported Agriculture-type program, weekly box (various sizes) of fresh organic seasonal produce/products. Mid-May until mid-December. 335-0970 or treeeaterfarmandnursery@gmail.com

GENERAL LABOUR

Carpentry and Renovations: Finishing, small job services and property work. David W. Steele, 702-9155, or davidsteele.ca@gmail.com

Hard Working Female: Odd Jobs, creative endeavors. Laurie Montemurro, laurie@shantihouse.ca, 650-8059

Hire The Tall Man: For picture hanging, window cleaning, and other high-up interior stuff. Exterior: mowing, cleaning gutters, firewood bucking, splitting and stacking, and general garden / yard labour. Graham Hayman, 335-3334, graham@allograph.ca

HAULING

Grant Morrison Trucking: Sand, Gravel, Soil Hauling. Please call 335-0702

Trash Master Hauling: Junk removal, scrap metal pick-up, no job too small, free estimates, Brett, 465-8485

HEALTH AND BEAUTY

Accupuncture: My clinic or your home. Margot Davey RAc, 778-992-0165

A Cut Above Hair Studio: Sally Dyck, 8900 Keith Wagner Way, 335-2099

Back Massage: Lindsay Langdale Graf, 702-7784

Bio-Energy Healing: Shari Dunnet and Richard Menard, 335-1877

Bright Moon Botanicals: Phillipa Joly, 335-9093

Chiropractic is Back on Denman: 1720 Northwest Road (Dr. Willo Walker's clinic). Call Dawn Armstrong at 465-8482

Coaching and Counselling: Familes, couples, groups and individuals. Offering solution-focused, creative -arts, mindfulness- based strategies since 1990. Affordable and confidential. Esther Muirhead, B.S.W., M. Ed. ejmuirhead4@gmail.com, 335-1141

Craniosacral and Registered Massage Therapy: Leyah Kelly, leyahkelly@gmail.com or 335-2584

Denman Medical Clinic: 3351 Peircy Road, 335-2260

Denis Lacasse: Relaxation massage, 8900 Keith Wagner Way, 335-2099

Dental Bus: Dr. Peter Walford, located in the Activity Centre parking lot, call for an appointment on Denman, 335-2933

Doctor of Traditional Chinese Medicine: Acupuncture, herbology, and massage. Dr. Willo Walker, 335-1535, denmantcm@gmail.com

HAIR by Roz: Cuts \$15, blow drys, colours, perms, men, women, children, 30 years experience. Call Roz at 335-0195

Haircuts in your Home for \$25: Senior's discounts available. Please call Riane daSilva at 335-0768

Holistic Massage : In practice for over 30 years. Oil and contemporary techniques, 95-minute massages, Fiona Walker, 335-1535

Home Support and Youth Outreach: H/D Community Health Care Society. 335-2885

Jin Shin Jyutsu: Eastern Acupressure, 18 years experience. Erin O'Brien, 335-0746

L'Aurence Aromathery: All natural creams, oils, and lotions especially for seniors. Custom blending.

Laura Pope, <u>laurapopedenman@gmail.com</u>, 335-1203

Light Haus Therapy: Certified Clinical Hypnotherapist and Reiki Master. Deborah Braun, 335-2965

Reiki, hot stone, aroma touch therapy: Christine Morse, 335-2631

HOME AND REALTY

Eco-Island Cleaners: Reliable, Professional and Efficient Service, Excellent References. Rebecca

Moore at 335-9103

Fair Realty: Sheelagh MacKenzie, 702-6362

Home Services: House cleaning, organizing, gardening, small repairs, security checks, concierge, moving help. Hardworking, reliable, and energetic. Riane daSilva at 335-0768

Home Sitting: Animal, house and homestead-sitting for islanders since 1993. Fireweed and Mike Nestor, fireweedbc@gmail.com or 335-1209.

Islander Property Services: For absentee/traveling owners, insurance checks, farm care, full management as needed. Laura and Dean, islanderpropertyservices@gmail.com, 335-1203

Meticulous natural house cleaner, hardworking gardener: Reliable, respectful, great references. Call Magdalene at 335-0970

Multi-faceted individual with years of job experience: Gardening, organization (packing for moves), painting, cleaning, beekeeping. Fair and reasonable rates. Please contact Josey Slater at wildyogastream@gmail.com

Pemberton Holmes – Denman Island office: Don Luckett and Shel Brodsgaard, 335-3119

RE/MAX The Islands: Bente Pilgaard, 335-2510

Royal LePage – Denman Island office: Sylvie Schroeder, 898-9199

Rural Insurance Brokers: www.baynessoundinsurance.com

INSTRUCTION

Hermitage Meditation: Learn to meditate from experienced teachers, www.dharmafellowship.org

Jazz Piano: Annie Siegel teaches piano, vocals, solo or group, and improvisation for all instruments,

335-1027

Music Lessons on Denman: Linda Nessel-Treen, 335-9188

Teach Invention to Children: Tomoe Yoshihara, tomotown@gmail.com

LAND SERVICES

Bobcat And Compact Excavator: New projects and maintenance. Also, sawmill and sales. Steve Isaak at 335-1853

Brian's Backhoe Services: Ditching, excavating, stump removal. Please call Brian Holt at 250-335-2374 or 250-650-2390

Dean's Bobcat Service: 335-1249 or 218-4534

John Isbister Excavating: Backhoe, logging, septic, driveways, clearing, burning. 335-2565

Magnificent Topsoil, Treework, Lumber: Bark mulch, fish compost, site clean-up, roof tear off, demolition, landscaping supplies, hauling, and delivery. 20 years local enterprise, Dave Lang, 218-9667

Portable Bandsaw: Custom cutting on site. Alan Schmidt, 335-1738

Ray's Land Services: Septic installation, backhoe, and excavator, Ray Ulovec, 335-3145

Trueview Treecare: formerly Wade's High Tree Services, taken over by Wild Bill, 898-7246

OFFICE, COMPUTER, WEB

Academic Editing: Laurie Rendon, 465-1674, editor@laurierendon.com

Computer Services: PC & Mac, hardware/software upgrades, general troubleshooting. Ray at 335-3145, or, rayul@telus.net

Denman Business Services: Binding, typing, resumes, biz cards, photocopies, laminating, faxes. Abraxas Books & Gifts, 335-2731

Film Making, Video Shooting/Editing: Tomoe Yoshihara, tomotown@gmail.com

Income Tax Returns: Need help at tax time? Personal taxes as well as small business. Call Roz at 335-0195

Macintosh Support: Friendly in-home tutorials, and inBusiness Accounting and Administration. Carolyn Eppich, 792-0078 or email carolyn@epsi.com

Video Services: Coaching, courses, consultation, and grant facilitation. Graham Hayman, 335-3334, graham@allograph.ca

Websites and Computer Help: IT support, making/maintaining websites, building social networks for your business. Eli at 792-5423

Website Design and Maintenance: Computer help and support, excellent local references. Riane daSilva at 335-0768

Writing and Editing: Services for authors, academics, and businesses. Press releases, manuscript reviews, speeches, and celebratory writing. Work trade negotiable for payment. Graham Hayman, 335-3334, graham@allograph.ca

Writing Services: Get your ideas translated into clear, compelling, professional content, Laura Busheikin, lbwordshop@gmail.com or 218-3216

PLUMBING, HEATING, ELECTRICAL

Denman Electric: New construction, Renos, Repairs, Licensed, Fully insured, Bonded. Jan Murphey, 335-3122, or denmanelectricbc@gmail.com

Electrical Services: Construction, Renos, Repairs. Steve Johnson, 218-3529

Hornby Electric: Richard Martin lives and works on Denman. 335-3023

Kinetic Electric: License, Bonded, Insured. 335-1741

Plumbing and Heating Services: Eli Hutchens works for Carlson Mechanical. Certified, Licensed and Bonded specializing in Heating/Plumbing/Gas/Propane/HVAC/Water Purification. Call his cell phone at 650-4339.

Tyee Mechanical: Plumbing, Heating, & Gas (including appliances and systems). Licensed, Insured, Bonded. Also, new construction and renovations. Curtis Hazle, 218-7688, www.tyeemechanical.com

RAINWATER SYSTEMS

Denman Electric: New construction, Renos, Repairs, Licensed, Fully insured, Bonded. Jan Murphey, 335-3122, or denmanelectricbc@gmail.com

Electrical Services: Construction, Renos, Repairs. Steve Johnson, 218-3529

Hornby Electric: Richard Martin lives and works on Denman. 335-3023

Kinetic Electric: License, Bonded, Insured. 335-1741

Plumbing and Heating Services: Eli Hutchens works for Carlson Mechanical. Certified, Licensed and Bonded specializing in Heating/Plumbing/Gas/Propane/HVAC/Water Purification. Call his cell phone at 650-4339.

Tyee Mechanical: Plumbing, Heating, & Gas (including appliances and systems). Licensed, Insured, Bonded. Also, new construction and renovations. Curtis Hazle, 218-7688, www.tyeemechanical.com

SEWING AND SHARPENING

In Stiches: Custom Sewing and alterations. Heather McLean, 335-9000

Sharp! Blade sharpening, plus carpentry, boat building, and kitchen installations. Ken Hatch, 335-2349

STORES

Abraxas Books & Arts: Custom orders. 1071 Northwest Road, 335-2731

Anabiosis Imports: DVD rentals, Clothing and Gifts. Located behind the General Store

Craft Shop: A feast for the senses, beautiful local handiwork. 3676 Denman Road, 335-0881

Denman Hardware Emporium: Tools, garden supplies, carpet cleaner rental, tackle. 1071 Northwest Road, 335-2400

General Store: Local items, open 7 days a week, gas/propane, liquor, post office. 1069 Northwest Road, 335-2293

Kitchen Fare: Denman's own kitchen ware & gadget shop, beside Ducks Crossing Cafe, 335-1671

TOURS

Denman Hornby Canoes and Kayaks: Certified kayak guides/instructors, learn about aquatic life, geologic features and local history. Contact: 335-0079 or melodie@denmanpaddling.ca

Devon Charters: Sightseeing and/or Fishing. Hourly and daily rates – 3 hour minimum, all gear & bait supplied. Contact 604-377-9848, 250-335-2410, or captmike@shaw.ca